



Terms and Conditions

Thank you for choosing to take part in a fundraising challenge event for Aching Arms. Please read the following Terms and Conditions carefully before signing up.

1. Participation

1.1 A non-refundable and non-transferable registration fee **may be required** to secure your place in the event.

1.2 You must notify Aching Arms **as soon as possible** if you need to withdraw from the event for any reason.

1.3 If you withdraw before the event takes place, **all donations already received will remain charitable contributions** and cannot be refunded.

1.4 Withdrawing from an event may affect your eligibility or priority for future Aching Arms charity places.

1.5 Aching Arms reserves the right to revoke a charity place in **exceptional circumstances**.

1.6 All events are organised and managed by **external event organisers**, who are solely responsible for event delivery, safety measures, logistics, and participant conditions.

1.7 Aching Arms is **not liable** for the organisation of the event or for any injury, loss, damage or costs incurred through your participation.

Taking part is **entirely at your own risk**.

1.8 By accepting a charity place, you consent to Aching Arms contacting you with essential event, fundraising, and safety information.

1.9 You confirm that you meet the **minimum age requirement** set by the event organiser.

1.10 You agree to undertake appropriate training, be medically fit to participate, and consult your GP if you have concerns about your health.

1.11 Charity places allocated by Aching Arms are **non-transferable**. Any attempt to transfer your place may result in your place being withdrawn.

1.12 If Aching Arms is required to reallocate a place due to participant withdrawal, this cannot be guaranteed. If a place cannot be reallocated, you may still be responsible for meeting your fundraising pledge or covering the cost of the charity place.

1.13 Event dates, formats, or capacities may be changed by the event organiser (e.g. due to weather, safety or regulatory guidance). Aching Arms is not responsible for any associated losses.



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2. Fundraising

2.1. You agree to **exclusively raise funds for Aching Arms** for your participation in your event, unless otherwise agreed by the charity.

2.2 You agree to raise at least the **minimum fundraising target** set for your specific event. Gift Aid does **not** count towards this target.

2.3 Between **60–80% of your fundraising must be raised at least 6 weeks before the event**, unless otherwise specified. This requirement may vary depending on event costs and timelines.

2.4 You agree to raise the **full minimum fundraising target** within 8 weeks after the event, unless a different deadline has been communicated.

2.5 You will set up an official fundraising page (e.g. JustGiving or Enthuse, etc.) linked to Aching Arms. Funds raised through this page are transferred automatically to the charity.

2.6 Any funds raised personally (e.g. cash collections, sweepstakes, sponsorship outside your online page) must be transferred to Aching Arms via approved payment methods as soon as possible.

2.7 You have a **legal responsibility** to ensure all sponsorship money collected in relation to your participation is paid to the charity.

2.8 You agree to carry out all fundraising in a legal, respectful and responsible manner, upholding the reputation of Aching Arms at all times.

2.9 Any materials using the Aching Arms name or logo (posters, t-shirts, online graphics, etc.) must be **approved by the charity** before use.

3. Personal Data & Images

3.1 You consent to Aching Arms storing and using your personal data for event administration and fundraising support, in accordance with our Privacy Policy.

3.2 You consent to Aching Arms using your name, story, event photos, and feedback in charity-related communications, including social media, website content, newsletters, printed materials, and press activity.

If you do not wish to be included, please notify us.

3.3 If you send photos that include friends or family members, you confirm that you have obtained **their consent** for sharing and use.

3.4 Events may be photographed or filmed by Aching Arms and/or the event organiser. By attending, you consent to these images being used unless you notify us / event organiser otherwise.



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4. Communication

4.1 Aching Arms may use group messaging platforms (such as WhatsApp or Facebook) and email to communicate event updates.

By joining these groups, you understand that your telephone number / Facebook Profile will be visible to other participants.

4.2 We reserve the right to remove any participant or content from group communication channels or platforms if messages are inappropriate or offensive.

Our groups must remain safe and supportive spaces for all involved.

5. Declaration

By accepting an Aching Arms charity place, you confirm that:

- You understand and agree to these Terms & Conditions.
- You commit to the event and to will raise the minimum fundraising target set for your event (excluding Gift Aid).
- You will notify Aching Arms immediately if you become unable to participate or cannot meet your fundraising minimum target.
- You understand that charity places are funded by Aching Arms and that your fundraising supports our vital work, which is to offer comfort and support to bereaved families who have experienced pregnancy and baby loss.
- You agree to pay all funds raised to Aching Arms within the specified deadlines.

If you have any questions, please contact the team at fundraising@achingarms.co.uk.

Aching Arms

Registered Charity No. 1153296